

PROSPECTUS 2025–2026
B.P.Ed & M.P.Ed PROGRAMMES
DEPARTMENT OF PHYSICAL EDUCATION & SPORTS SCIENCE
(Recognised by National Council for Teacher Education - NCTE)



PANSKURA BANAMALI COLLEGE (AUTONOMOUS)

Affiliated to Vidyasagar University | NAAC Accredited 'A' Grade (2016–2021)
DST-FIST (Govt. of India) & BOOST-DBT (Govt. of West Bengal) Sponsored College
Panskura R.S., Purba Medinipur, West Bengal, India | PIN: 721152

🌐 Website: www.panskurabanamalicollege.org

About the College

Established in 1960, Panskura Banamali College is a government-aided institution affiliated with Vidyasagar University. The college achieved an 'A' grade accreditation from NAAC (3.11; 2016–2021). It offers a range of undergraduate (B.A., B.Sc., B.Com., B.C.A.) and postgraduate programs across various disciplines, including specialized courses in teacher training and physical education.

The college enjoys partial autonomy granted by the University Council, allowing it to independently manage course curricula and examinations. Dedicated Boards of Studies (BOS) have been established for all postgraduate subjects to ensure academic excellence.

About the Department

The Department of Physical Education and Sports Science at Panskura Banamali College (Autonomous) is a reputed centre for professional education in physical education and sports sciences. The department has consistently promoted excellence in teaching, training, research, and extension activities.

We offer two professional degree programmes:

- **Bachelor of Physical Education (B.P.Ed)**
- **Master of Physical Education (M.P.Ed)**

These programmes are approved by NCTE and affiliated under Vidyasagar University, with autonomous status granted to the college.

PROGRAMMES OFFERED

Bachelor of Physical Education (B.P.Ed.)

- **Duration:** 2 Years (4 Semesters)
- **Recognition:** NCTE [Order: B.P.Ed. (Revised order)/2015/32320]
- **Seats Available:** 50 (2 basic units)
- **Objective:** To prepare qualified physical education teachers for classes **VI to XII** and skilled professionals for managing school-level sports and physical activities.
- **Structure:**
 - **Theoretical & Practical Courses**
 - **School Internship (Mandatory)**
 - **Focus:** Child development, social context, pedagogy, subject knowledge, and communication skills.

First Session Introduced: 2001-2002 as a 1-year course (now upgraded to 2 years since 2015)

Eligibility:

- Bachelor's degree in any discipline with **50% marks** and having **participated in inter-college/inter-zonal/district/school level** sports and games as recognized by the AIU/IOA/SGFI/Govt. of India.

OR

- Bachelor's degree in Physical Education with **45% marks**.

OR

- Bachelor's degree with **45% marks** and having studied Physical Education as a compulsory/elective subject.
- **Age limit:** Preferably below 35 years (relaxation for SC/ST/OBC and ex-servicemen as per norms).
- Candidates must be **medically fit** and **free from physical deformities**.

Reservation: As per Vidyasagar University norms.

◆ B.P.Ed Admission Test

- **Total Marks:** 100
 - **Academic & Sports Achievement Score:** 30
 - **Physical Fitness Test:** 50
 - **Written Test:** 20

🏃 Physical Fitness Tests

- 50m Sprint / Zigzag Run (Speed)
- Standing Broad Jump (Power)
- 4×10m Shuttle Run (Agility)
- Overhead Back Medicine Ball Throw (Strength) [3kg Men, 2kg Women]
- 1000m Run / Multistage Fitness Test (Endurance)

Fee structure

B.P.Ed (Per Semester Total: ₹15,780)

Includes tuition, admission, library, development, sports fees, lab & caution deposit, and exam fees.

Master of Physical Education (M.P.Ed.)

Master of Physical Education (M.P.Ed.) program is of two years duration with an annual intake of 40 (forty) of one basic unit. The course is recognition by the National Council of Teachers Education (NCTE). [M.P.Ed- (Addl.Course)/2015/34160]

- **Duration:** 2 years (4 semesters, Choice Based Credit System)
- **Recognition:** NCTE [M.P.Ed- (Addl.Course)/2015/34160]
- **Intake:** 40 students per session
- **Objective:** To train physical education teachers for senior secondary levels and prepare professionals for roles such as Assistant Professors, Directors, and Sports Officers in colleges and universities.

Program Highlights:

- Comprehensive curriculum covering theoretical and practical aspects of physical education.
- Mandatory internships in schools, colleges, sports organizations, academies, or clubs.

Eligibility for M.P.Ed

The criteria of eligibility as per NCTE Norms, given below

1. Bachelor of Physical Education (B. P. Ed.) Or equivalent with at least 50 % marks.

Or,

Bachelor of Science (B. Sc.) in Health and Physical Education with at least 50 % marks.

2. Reservation in seats and relaxation in the qualifying marks for SC/ST and other categories shall be as per the rules of the Central/ State Government and NCTE guidelines whichever is applicable.

Admission test will be as per NCTE guidelines.

Scores for Academic and Sports Participation- 40 Marks

Academics	Maximum Score
Secondary (10 th)	05
Higher Secondary (10+2)	05
Graduation	10
B.P.Ed	10

Percentage of marks will be taken for scoring in each category.

Sports Achievements

Level of Participation	Score
All India/ National/ School National	10

Inter-University/ State/ School State	07
Inter-College/District/ School District	05

Highest level of participation will be taken into account for scoring.

Physical Fitness Test 50 Marks

Test Items:

 **Physical Fitness Tests**

- 50m Sprint / Zigzag Run (Speed)
- Standing Broad Jump (Power)
- 4×10m Shuttle Run (Agility)
- Overhead Back Medicine Ball Throw (Strength) [3kg Men, 2kg Women]
- 1000m Run / Multistage Fitness Test (Endurance)

***Alternate test if needed**

Written Test- 50 Marks

Multiple Choice Questions (MCQ) and Broad Answer type questions will be in the written test and will be as per the syllabus of B.P.Ed. The mode will be offline and instructions will be provided at the time of admission test.

Viva- 10 Marks

A viva will be commenced right after the written test. The schedule will be given at the time of written test or instructed well before the start of the admission test.

Document Required

1. Mark sheet of Qualifying Examination passed
2. Date of Birth Certificate
3. Current Medical Fitness Certificate
4. Reservation Certificate, where applicable
5. Highest Sports achievement Certificate (as per NCTE norms).

Fees Structure

M.P.Ed Course Fees:

- **1st & 2nd Semesters: ₹20,780**
- **3rd & 4th Semesters: ₹15,780**

❖ Important Dates

Event	Date
Advertisement	May 8th, 2025
Online Form fill-up starts	May 15th, 2025
Last date of Form fill-up	June 15th, 2025
Publication of List of candidates for Admission Test	June 18th, 2024
Admission Test (B.P.Ed)	June 21 st & 22 nd , 2025
Admission Test (M.P.Ed)	June 28 th & 29 th , 2024

❖ Form Fill Up Links

Apply on <https://admission.pbcerp.org> or visit to the college website <https://www.panskurabanamalicollege.org>

To apply click on-

Before applying read the eligibility criteria carefully.

Campus Facilities

- **Academic Infrastructure:**
 - Well-equipped classrooms and laboratories
 - Library with extensive collections
- **Sports Facilities:**
 - Indoor Sports Hall
 - Gymnasium
 - Football Ground
 - Cricket Concrete Turf
 - Basketball Court
 - Handball Court
 - Track & Field Arenas
 - Volleyball Court
 - Kho-Kho Court
- **Hostel Accommodation:**
 - Separate hostels for boys and girls

- **Other Amenities:**

- Canteen
- Cycle Stand
- Doctor on Call
- Students' Health Unit
- Vending Machine for Girl Students

Important Contacts

Dr. Sandip De- 9474019774

Dr. Multan Khan- 9382168686

Mr. Buddhadeb Nanda Goswami- 9732557542

Dr. Nurun Nabi- 7866069946

Dr. Suresh Chand Soren- 9932266326